

COLANDER

OCTOBER LUNCH FEATURES

MEAT LOAF SANDWICH

*Home Style Meat Loaf, Cheddar Cheese,
Lettuce, Tomatoes & Red Onions,
Banana Peppers & Mustard
White or Brown Bread
Served with Salad or Jojo's
.....\$10.00*



HARVEST BOWL

*Kale Salad Mix, Chicken, & Beets,
On a Bed of Brown Rice, topped with
Sunflower & Pumpkin Seeds
Drenched in a Sesame Dressing
Naan Bread
Vegetarian option - Tofu
.....\$10.47*



CRANBERRY APPLE SALAD

*Mixed Greens, Chicken,
Apples, Craisins, Feta Cheese & Beet Garnish
Tossed with a Cranberry Vinaigrette
Grilled Pita
.....\$ 10.00*

Taxes not included